

Visit our Farmers Market 10a.m.-2p.m.



Sustainability

Eat Local, Eat Healthy & Help Save the Planet, Too!

Sustainability expert John Turenne will discuss the meaning of food sustainability as it relates to producing and consuming food that promotes the continuous well-being of ourselves and the world.

Learn about simple steps you can take to lead a more sustainable life and eat from local sources.

Wednesday, October 20

8:30 a.m.

**Auditorium, North Haven Campus
Breakfast included.**

Presented by Quinnipiac University's National Institute for Community Health Education and co-sponsored by Quinnipiac University's Sustainability Committee

Event is free. For more info and to register visit quinnipiac.edu/nicheeatlocal.xml.

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